

Shoreline

The Church of the Good Shepherd

Shoreham Beach

Winter 2023

50p





Church of the Good Shepherd

Sundays

8.00am Holy Communion in church .

10.00am Parish Communion in church.

Also available live-streamed on Facebook and YouTube.

On the first Sunday of most months there is an all age service at 10am and a Taizé healing service at 6pm

Tuesdays

9.30am Holy Communion in church.

Wednesdays

6.00pm Celtic Evening Prayer on Zoom.

Saturday

8.00am Morning Meditation — *also on Zoom.*

The service on **Sunday** is followed by fellowship in the church hall.

See the church website for details:

<https://www.goodshepherdshorehambeach.org.uk>

First Thoughts: The angel in us all

Rev'd Peter helps us look beyond the classical stereotype of a visiting angel to hear the voice that is within every one of us.



“**T**o hear the angels sing....”

We all know what angels are like, and I was pleased to see the traditional version on the Christmas stamps this year. You know the sort of thing - long white dresses, suspended in the air with golden faces and brightly coloured wings spread wide behind the shoulders. So many famous paintings reinforce the image and the postage stamp version is just the latest in a long line. Of course, the most dramatic example is the

Annunciation when Mary is given a unique encounter with the Angel Gabriel.

But I want to suggest that angels come in all sorts of shapes and sizes and that by restricting them in our understanding to just one image is to misunderstand. For, you see, you are an angel and so am I. If we are correct in assuming that angels are special channels of communication between God and humankind, then it seems obvious that God is not limited in his methods; God can and does use you

and he uses me to put forth his word and his wisdom. We may well not know this - fanfares are rare in this medium now - but sometimes the odd phrase or verbal response, the particular comment which we may throw away, these and so many examples are used by God without our comprehension.

As someone who has the privilege of preaching sermons sometimes, I am very aware that what I think I am saying can often be understood in a very different way by some listeners.

“I remember that sermon you preached about.....” when I (and all other clergy) would not think they had preached about *that* at all.

And it is not just in church terms that angels operate. Songs, poems, sunsets, smiles, laughter, empathy, sorrow, forests and downs and so on can potentially be God's message to us. We just need to be open to the possibility that, in the business of everyday life, the angel voices can still be heard.

I am fond of the poems of U A Fanthorpe and here is an extract from a typical example of her poetic talent - seeing the divine in the ordinary.

Rev'd Peter



After the very bright light,

And the talking bird,
And the singing,
And the sky filled up wi' wings,
And then the silence,

Our lads sez
We'd better go, then.
Stay, Shep. Good dog, stay.
So I stayed wi' t' sheep.

— From *The Sheepdog*
by UA Fanthorpe

Reach Your Destination in Comfort and Style

Downs Edge Cars are committed to offering point-to-point excellence for your journey.

We provide:

- Business travel
- Airports/ports
- Day hire
- Special events
- Courier services
- Medical appointments
- Local/Long Distance
- Credit/debit cards accepted
- Emailed receipts



Downs
Edge Cars

Contact
Roy on
01273
701261

Driven by Quality



www.downsedgecars.co.uk



downsedgecars@yahoo.com

Adur District
Council
Licensed

The St Francis Fund

The Fund is here to help anyone facing financial difficulties, especially at this time. It is able to help by gifting small grants to those in need, within the Good Shepherd.

Please contact Edgar Powell, in confidence, if you, or anyone you know, is in need.

Tel: 01273 453709



Reflections on the Christmas Story

The following is a mix of Bible readings and comments by Tony Horsfall, a former OMF missionary and now retreat leader and author based in Yorkshire.

Matthew 1:18 **Joseph's dilemma**

This is how the birth of Jesus the Messiah came about. His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be pregnant through the Holy Spirit...."

It is not clear at what point Mary told Joseph the news of her pregnancy, but when she did it came as a bombshell. What should he do, knowing the child was not his? Could her story be true? He was however a righteous man, and he sought God for direction rather than acting impulsively. God spoke to him through a dream, confirming that the child was conceived by the Holy Spirit, and this gave him the courage to stand by her, and take her as his wife. It was a brave decision, but he now knew that the child would be the One to save people from their sins.

It is easy when we have difficult decisions to make to be impetuous or hasty, but the best decisions are made

slowly and with prayer. When you are making important choices ask God to guide you clearly, and to give you the courage to do what is right.

Matthew 1:22 **Long-awaited Immanuel**

All this took place to fulfil what the Lord had said through the prophet: 'The virgin will conceive and give birth to a son, and they will call him Immanuel' (which means 'God with us')... And Joseph gave Him the name Jesus.

The plan of salvation is intimately connected to the Old Testament, and was the fulfilment of prophecies made long ago. God was sending His Son into the world that we might be saved. God is with us – this astonishing, mind-blowing truth underpinned Joseph's straight-forward trust in Him. Today as you get on with your life, pray that the wonder of knowing that God is with you will never be far from your awareness.

Luke 2:1-7 Bethlehem

In those days Caesar Augustus issued a decree that a census should be taken of the entire Roman world... so Joseph also went up from the town of Nazareth in Galilee to Judea, to Bethlehem the town of David, because he belonged to the house and line of David. He went there to register with Mary, who was pledged to be married to him and was expecting a child. While they were there, the time came for the baby to be born, and she gave birth to her firstborn, a son. She wrapped Him in cloths and placed him in a manger, because there was no guest room available for them.

This is perhaps the most familiar picture we have of the Christmas event—but remember what was happening. This was no ordinary child. In Jesus God became a human being and dwelt among us, perhaps

the greatest miracle (and mystery) of all. As you visualise the scene again, let worship arise in your heart: ‘From heaven you came, helpless Babe, entered our world your glory veiled.’ Emmanuel, God with us! The Servant King, worthy of all our adoration and love.

LORD God, in this season please help me to live in the wonder of your upside-down Kingdom where your love for us compels you to become helpless, vulnerable and dependent. May your Kingdom come in and through my life today.

Luke 2:8-12 The Shepherds arrive

And there were shepherds living out in the fields nearby, keeping watch over their flocks at night. An angel of the Lord appeared to them, and the glory of the Lord shone around them, and



they were terrified. But the angel said to them, "Do not be afraid. I bring you good news that will cause great joy for all the people. Today in the town of David a Saviour has been born to you; he is the Messiah, the Lord.

The first visitors are not VIPs but humble shepherds who have been summoned by an angelic visitor. For those who have eyes to see, there hidden in the manger beneath the blankets is the Son of God, the one sent by the Father to be the Saviour of the world. Very few of those crowded into Bethlehem that night were aware of what was happening. Only those with faith could recognise the arrival of the long-awaited Messiah. It is the same today.

Lord, I pray for eyes to see where the glory of Heaven touches earth. May I be alive today with the truth that the Saviour, rescuer, King Jesus has been born 'to us' and that there is joy in this for all people. May my life reflect



that glory even in a small way in my interactions with people, so that in this Christmas season the good news of great joy will be known.

Luke 2:13-15
Angel hosts

Suddenly a great company of the heavenly host appeared with the angel, praising God and saying, 'Glory to God in the highest heaven, and on earth peace to those on whom his favour rests.'

The darkness of the Judean hillside was lit up by the appearance of a great angelic choir, messengers sent to herald the birth of the Saviour. Their song breaks the stillness of the night, first in praise of God for his act of mercy in sending the Son, and then in proclamation of the peace the child will bring to earth. The shepherds now decide to do the unthinkable -leave their flocks, and head off into town to see the new born King. Such is the drawing power of the Saviour.

Sometimes there are things we too must leave behind if we are to follow his call, but whatever sacrifice is needed, it will be worth it just to find him for ourselves.

Luke 2:16-20
Mary ponders

So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger. ... Mary treasured up all these things and pondered them in her heart. The shepherds returned, glorifying and praising God for all the things they had heard and seen...

The shepherds became the first evangelists,

proclaiming the good news... That was their response, and it should be ours too.

But for Mary there followed a time of reflection. Exuberant witness and quiet contemplation are not opposites. They are in fact good companions in the spiritual life.

Thank you, LORD Jesus, that you are still found when we search for you. May I be willing to share the discovery I've made with others at this time. But I also want to know you better in my inner life, too. Please give me that balance of active following and heart-pondering reflection, especially in this Christmas season.

Tony Horsfall



Karl's Plumbing & Gas Services

No Job Too Small, Free Advice & Estimates

Leaky Taps, Wc's & Bathrooms

Fully-Insured Gas Safe Engineer

Boiler Servicing from £65

(£10 Discount for Beach residents)

New Boilers from £1500

('A' Rated Combination Boiler)

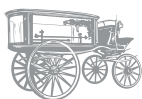
Unvented Systems Installed & Serviced

Based on Shoreham Beach

Call 01273 455942

or mobile 07795511663





HD **TRIBE** Ltd

FUNERAL DIRECTORS

3 Generations of Service, One Standard of Excellence



01273 452169

101 Eastern Avenue, Shoreham

***Local Offices at Goring, Lancing, Littlehampton,
Rustington, Sompting Storrington & Worthing.***

Quality, affordable funerals from a local company that you can trust.

Funeral services how you want them, when you want them.

An independent family firm established in 1929.



24 HOURS A DAY
www.hdtribe.co.uk

The Christmas Fair

The traditional church curtain-raiser for the festive period was a massive success this year, taking in over £2000!

Our annual Christmas Fair took over the hall and church on Saturday, 25th November. The total raised was a truly impressive £2730.09.

Photos by Lynda Hargreaves and Adam Tinworth.





New Year's Day Labyrinth Walk

Join us at 2.30pm for a story about labyrinths
and drop-in walks between 3-5pm



Church of the
Good Shepherd

Kings Walk, Shoreham Beach

In partnership with the
Brighton & Hove Centre for Spirituality.
Free - church donations welcome



Delivering the Posada to Ann, James and Andrew as it makes its advent tour around the congregation.



Friends of Shoreham Beach

LNR

Come and join us at our Annual

Christmas Beach Clean

Thursday December 28th

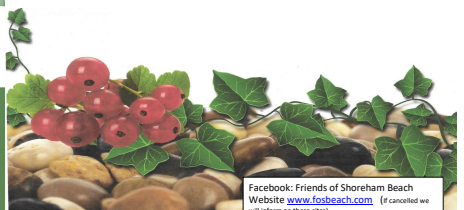
Shoreham Fort - east end of Shoreham Beach

BN43 5HY 11am -12.30pm

Refreshments will be available

ALL WELCOME

Please bring gloves if possible and wear stout shoes suitable for the shingle



Facebook: Friends of Shoreham Beach
 Website www.fosbeach.com (if cancelled we will inform on these sites)

Save The Date
 Saturday 6th January
Taizé Singing Workshop
 Led by Daisy Durrant
 More info to follow
daisydurrant.co.uk

Everyone Welcome
3pm - 4.30pm
 Church of The Good Shepherd, Shoreham Beach
daisy@daisydurrant.co.uk | yoga.daisi.co.uk | daisydurrant.co.uk

What is Love to Move?

Keeping moving can be tough as you age. The Love to Move programme is especially designed to help you do just that.

Love to Move is specially designed to get older people moving and functioning better. The programme achieves this by carefully integrating the use of gymnastic foundation skills, cognitive stimulation and social interaction activities, all carried out to music.

Components of Love to Move are based on bilaterally asymmetrical movement patterns as well as co-ordination exercises. These are understood to benefit older people and those living with dementia, Parkinson's and other forms of cognitive impairment, by enabling the left side and right side of the brain to process information independently, thus improving cognitive function, coordination and the ability to carry out activities of daily living more independently.

The classes have been a great success in supporting positive mental health and well being during the isolation brought on by the pandemic, for both participants and carers.

Above all, the programme is fun! One of our participants has said that it

brings her "One hour of wonderfulness each week!"

Friends and families are welcome to join their loved ones in the sessions. It offers a fun, positive session to share together, but it also enables the session to be more person-centred to those individuals involved.

For more information, please visit <https://britishgymnasticsfoundation.org/lovetomove/>

"The Programme has a demonstrable benefit in the physical, emotional and cognitive aspects of older people and those older people having mild to advanced forms of dementia appear to benefit the most."

— Research conducted by Age UK, June 2016

If you would like to know anything else about the class please contact me on:

- cherrytolcher@hotmail.com
- 07929670799

Cherry Tolcher



"My mum who has Alzheimer's absolutely loves these sessions – it's a wonderful activity that we can do together and she really comes alive."



Supported and sponsored by:



Love to Move and time to chat

Love to Move is a fun, age and dementia friendly seated movement programme to music. It is suited to older adults, those living with dementia, MS and Parkinson's and their carers. Delivered by British Gymnastics' Love to Move coaches. There will be a nominal £5 charge. After the class, there will be refreshments and time to chat.

Tuesdays 1:30 - 3:00pm: Steyning Centre
Fletchers Croft, Steyning BN44 3XZ

Wednesdays 2.30 - 4pm: Shoreham Baptist Church
Western Road Shoreham-by-Sea BN43 5WD

For more information call **01273 286 172**
or email **worthing.shoreham@rightathome.co.uk**

Watch the Love to Move programme here:

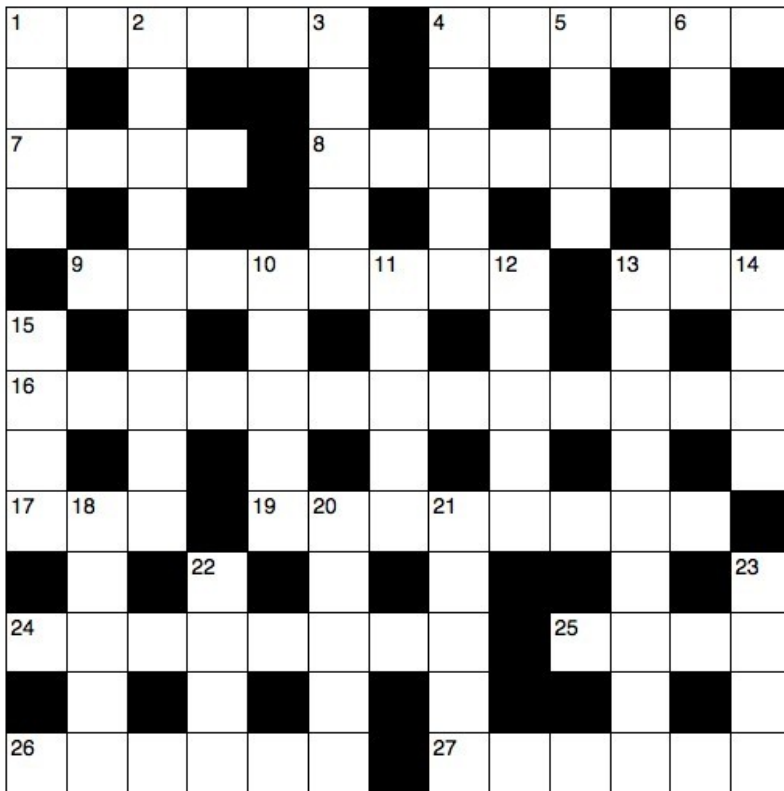


Carols at The Longshore

While the focus of the festive period is, of course, the church, the choir held a fun festive carol sing-a-long in the local pub, The Longshore.







Across

-
- 1 Rely (Psalm 62:7) (6)
- 4 'He stretches out the heavens like a — , and spreads them out like a tent to live in' (Isaiah 40:22) (6)
- 7 What the dove carried the olive leaf in, when it returned to Noah's ark (Genesis 8:11) (4)
- 8 Annoy (1 Samuel 1:6) (8)
- 9 Judah's last king, who ended his days as a blind prisoner in Babylon (Jeremiah 52:11) (8)
- 13 'They all — and were satisfied' (Luke 9:17) (3)
- 16 Eliphaz the Temanite was one; so was Bildad the Shuhite and Zophar the Naamathite (Job 2:11; 16:2) (4,9)
- 17 National Association of Evangelicals (of the USA) (1,1,1)
- 19 Popular song for New Year's Eve, Auld — — (4,4)
- 24 Able dock (anag.) (8)
- 25 The number of stones David chose for his confrontation with Goliath (1 Samuel 17:40) (4)
- 26 Elgar's best-known 'Variations' (6)
- 27 Soak (Isaiah 16:9) (6)

Down

- 1 Money owing (Deuteronomy 15:3) (4)
- 2 Conciliatory (Titus 3:2) (9)
- 3 'Do this, whenever you — it, in remembrance of me' (1 Corinthians 11:25) (5)
- 4 A group assisting in the governance of the Roman Catholic Church (5)
- 5 One of the gifts Joseph's brothers took with them on their second journey to Egypt (Genesis 43:11) (4)
- 6 'Reach out your hand and — — into my side. Stop doubting and believe' (John 20:27) (3,2)
- 10 Be outstandingly good (2 Corinthians 8:7) (5)
- 11 'What — — that you are mindful of him, the son of man that you care for him?' (Psalm 8:4) (2,3)

- 12 Horse's feet (Judges 5:22) (5)
- 13 Notice (Deuteronomy 17:4) (9)
- 14 Comes between 2 Chronicles and Nehemiah (4)
- 15 One of Israel's northern towns conquered by Ben-Hadad (1 Kings 15:20) (4)
- 18 Narnia's Lion (5)
- 20 One of the two rivers in which Naaman would have preferred to wash (2 Kings 5:12) (5)
- 21 Avarice—one of the evils that come from inside people (Mark 7:22) (5)
- 22 Knight Grand Cross of St Michael and St George (1,1,1,1)
- 23 Jacob's first wife (Genesis 29:23) (4)

For answers to this crossword — see page 25.

Palm Tree Cottage **Shoreham Beach**

Fully-accessible holiday apartment

Sleeps up to three

Just 50 metres from the foreshore

Ideal for short breaks

Perfect for relatives visiting

Open all year

Phone: Trevor/Sally 01273 462979

Email: trevordeanhutton@gmail.com

In No Strange Land

O world invisible we view thee,
O world intangible, we touch thee,
O world unknowable, we know thee.
Inapprehensible, we touch clutch thee!

Does the fish soar to reach the ocean,
The eagle plunge to reach the air –
That we ask of the stars in motion
If they have rumour of Thee there?

Not where the wheeling systems darken,
and our benumbed conceiving soars!-
The drift of pinions would we harken,
beats at our own clay-shuttered doors.

The angels keep their ancient places;-
Turn but a stone and start a wing!
'tis ye tis your estranged faces,
That miss the many splendour'd thing.

But (when so sad thou canst not sadder)
Cry – and upon thy so sore loss
Shall shine the traffic of Jacob's ladder
Pitched between heaven and Charing Cross.

Yea in the night. My soul my daughter.
Cry- clinging heaven by the hems;
And lo Christ walking on the water.
Not of Genesareth, but Thames!

— **Francis Thompson (1859 - 1907)**

Recommended by Clare Coombes



"For the next part of our carol-service, Nigel, the verger's nephew will play his interpretation of Silent Night..."

8		7	6	2	
9	1		8		
4		5	3	8	6
	7		5	1	6
2	9				5
5	7	4		1	8
5	6		8	7	
		3			9
	3	1	2		4



Sara preferred to let people work out the hymns for themselves



Ferry Road
Shoreham By Sea
West Sussex BN43 5RA
TEL. 01273 465366
FAX. 01273 462229
www.surfblade.co.uk
mail@surfblade.co.uk

**YOU DON'T HAVE TO GO FAR
TO FIND A PLACE TO PLAY!**

- WINDSURFERS**
- KITESURFERS**
- WAKEBOARDS**
- SIT' ON CANOES**
- STAND UP PADDLEBOARDS**
- BODY & SKIM BOARDS**
- ADULT & JUNIOR WETSUITS**
- REEF FLIP FLOPS**
- BUOYANCY AIDS**
- TIDE CLOCKS**
- DIRTY DOG SUNGLASSES**
- SAILING-GLOVES**
- BEACH SHOES**
- BEACH KITES**
- WINDSOCKS**
- AQUAPAC PHONE CASES**
- BOARD & CANOE TROLLEYS**
- UV PROTECTION VESTS**
- SURF WAX**
- HERO GO PRO CAMERAS**
- WEIRD FISH & MY TRIBE
CLOTHING**
- SHOREHAM TIDE TABLES**
- **10% DISCOUNT TO RESIDENTS****



Supplying Beach Toys
on Shoreham Beach
since
1986

OUR OPENING HOURS ARE
Monday - Saturday 9.30 - 5.30pm
PLEASE NOTE. We are CLOSED TUESDAYS
Sunday Summer 10.00 - 4.00pm
Sunday Winter 10.00 - 1.00pm

GoodOaks

Quality Care at Home

Goodoaks award winning live-in homecare enables you to stay living safely and independently in the home you love. Our professional and discreet carers do not wear uniforms and provide a bespoke service giving you as much or as little support as you need.

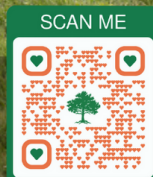
The Care Home Alternative

- Companionship
- Medication
- Meal Preparation
- Visiting Friends
- House Keeping
- Personal Care
- Dementia Support
- Shopping

Available across Sussex



FREEPHONE
0800 799 9979



E: SussexSouth@Goodoakshomecare.co.uk
www.goodoakshomecare.co.uk/sussex-south

Shoreline

Editor: Adam Tinworth 07414 109009
shorelineeditor@hotmail.com

Advertising: Chris and Richard Diebel
adsshoreline@yahoo.com

ShoreLine is the parish magazine of the Church of the Good Shepherd, Shoreham Beach and is provided as a service to the community and the congregation. The church is part of the Church of England's Diocese of Chichester and is also part of the world-wide Anglican Communion. If you would like further information on the Church of England and its beliefs, please use the 'Useful Links' on the back cover.

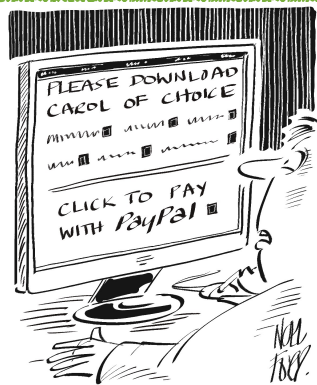
The magazine is also available as a PDF file on the church website: the address is on the back cover.

Any and all contributions are always welcome and should be sent to the Editor by the 15th of each month. Contributions should ideally be as a Word or rtf file. Please send to the editor's e-mail above. Christmas time, mistletoe and wine. Children playing Christmas apps.

For advertising requirements, please contact Chris and Richard on the above email address. Advertising copy deadline is the 20th of each month for inclusion the following month.



The acceptance of advertisements does not imply endorsement



We've got online carol-singers again!

Useful Contact Details

Vicar	Revd Andrew Bennison	01273 454914
Associate Vicar	Revd Jane Bartlett	07935 538085
Marriage Enquiries	Louise Smith	01273 440202
	smdh.office@gmail.com	
PCC Secretary	<i>Vacant</i>	
Readers	Sally Excell	01273 455712
	Derek Hansen	01273 462602
Warden	Kay Haffenden	07949 505187
	office@cogschurchwardens.co.uk	
Treasurer	Barry Ward	01273 249785
Safeguarding Officer	David Edey	07590 764900
Flower Rota	Linda Caffyn	01273 887226
Craft & Fellowship Group	Sheila Powell	01273 453709
Prayer Chain	Liz Beeston	01273 454685
Hall Bookings	Louise Smith	01273 440202
	goodshepherdhall@gmail.com	
Organist/Accompanist	Simon Whitchurch	07951 317620
Choir Enquiries	Canon Tony Thompson	01273 440182
Youth Co-ordinator & Sea Lights	Fiona Hendry	fionahendry321@gmail.com
Children's Society	Chris Davies	01273 253112
Ministers of Welcome	Lesley Ward	01273 249785
Altar Servers	Judy Short	07563 059681
Healing Book	Trish Holme	
	goodshepherdhealingbook@yahoo.co.uk	
St Francis Fund	Edgar Powell	01273 453709
	stfrancisfund@yahoo.co.uk	
Electoral Roll Officer	Jenny Stride	07773 409205

Last Thoughts: Trying Something New

Shoreline Home About Church of the Good Shepherd A Church Near You

Search Sign in Subscribe

The tree elves have visited...
By Adam Tinworth — Dec 9, 2023

Shoreline
The Church of the Good Shepherd Stanham Beach
Autumn 2023 #10

Shoreline: Autumn 2023 issue available
By Adam Tinworth — Nov 10, 2023

Dementia-Friendly Church
By Sheila Powell — Nov 7, 2023

Gallery: Vivace! Christmas Concert
EVENTS
Photos from the concert in support of Ukrainian children, held in the church on 9th December 2023
By Adam Tinworth — Dec 10, 2023

Greenbelt 2023
By Revd Jane Bartlett — Nov 7, 2023

First Thoughts - Meaningful Moments
By Revd Andrew Bennison — Nov 6, 2023

Beachy Head Chaplaincy
By Geoff Carr — Nov 6, 2023

Last issue, I wrote about how hard change can be. There is a way to make it easier, though. You don't take anything away, you just add something new. And that's what we're doing with *ShoreLine*: bringing it into the digital age, without taking anything away.

Over my tenure as editor, we've already been through one big shift. When I started as editor, we were predominantly a print publication, with a PDF copy available on the website. It was not often downloaded. But then the pandemic came, and all of a sudden, *ShoreLine* was a PDF, with a few print copies available. And that's where we've stayed in the years since.

Well, happily, I can happily announce that we've joined the 21st century with — wait for it — a *website*. The majority of the articles in each issue of the magazine will be available on the web at <https://ontheshoreline.com/>.

The PDF will still be sent out, and the print copies will still be in the porch: but it's time to make the content more widely available, too.

And this is just the first step in the church's digital evolution: a new website will be with us in the new year.

Adam

Don't forget to visit our church website

www.goodshepherdshorehambeach.org.uk



Church of the Good
Shepherd,
Shoreham Beach
@goodshepherdshoreham



Like the [church page on Facebook](https://www.facebook.com/goodshepherdshoreham/)

<https://www.facebook.com/goodshepherdshoreham/>

Mailing List

Keep up to date with everything going on by signing up for our weekly email.

Just email cogsenews@gmail.com and ask to be subscribed

Useful Links

Church of England
Diocese of Chichester
Anglican Communion

www.churchofengland.org
www.chichester.anglican.org
www.anglicancommunion.org

Cover photo by Rev'd Jess. If you have a photograph or picture that may be suitable for a future cover then please send it to:

shorelineeditor@hotmail.com

